

# COMMUNION HOST

## Guide for Leading in Worship Gatherings



### Communion Meaning

Communion is a way to celebrate and remember what Jesus has done for us and the promise of His return. Communion uses bread as a symbol for Jesus' body and wine (or juice) as a symbol for His blood. Jesus instructed us to take communion regularly remembering that He is the bread of life that satisfies us and by His blood we walk in freedom and in the authority of Christ's body on the earth. Communion isn't about the bread, the juice, methods, or obligation. Communion is all about worshipping Jesus!

### Communion Template

- Length:** **Less than 5 minutes** – A great length to shoot for would be no more than 2-3 minutes. This is not a sermon – this is a time to open the Word of God and call attention to worship Jesus through communion as He instructed us to do!
- Location:** **On the Stage & In the Middle** – If you are leading “Communion” Please be in place, on the stage and centered (in the middle) of the front altar area. Your “cue” to go up and lead communion: worship leaders will move their microphone stands to the back of the stage after the last song (usually #3 or 4)
- Transition:** **Praise God!** If the room is in a high level of praise, acknowledge and lead it by speaking praise/worship! Afterwards, let everyone know that we are transitioning in to communion. Remind them we finished a week of fasting and prayer and we worship through communion after this week every month!
- Content:** **Scripture Reading** – Pick a scripture that draws attention to communion (1 Corinthians 11:23-30 is a great one) and remind them we take communion to remember what Jesus did for us, remember that He is returning, and it is a time to look within and allow Holy Spirit to reveal areas of our lives to repent from so that we can posture our heart/mind before God.
- Lead:** **Communion Instruction** – Call attention to the 3 communion stations set up in front of the stage. Ask the people to take some time and pray to God, worshipping Him and taking the time to confess/repent and tell them when they are finished, come up to any of the stations (alone or as a couple) and take communion by taking a piece of bread and dipping it in the cup; thanking Jesus for giving up His life/body for our salvation. When finished go back to their seats
- Pray:** **Read the room** – After everyone is finished taking communion, encourage everyone to give God praise. Pray and thank God for His body/blood and after you say “amen” simply say “now let's continue in worship in a time of giving”.