Group Discussion Guide

GOAL

This week's discussion will help us to understand our call to fast and focus on God's desire for us.

CONVERSATION STARTERS

- How was everyone's week? Any Praise Reports/Testimonies of what God is doing?
- Share, and ask your group to share, your favorite points from the message.

SCRIPTURE AND MAIN POINTS

Read **Matthew 6:16-18**

- Discuss how we are to carry ourselves in a fast. What are the advantages of the correct posture in fasting and what are the disadvantages?

Point #1 – God Needs a Vessel

- Discuss these quotes – John Wesley "without God, man can not...without man, God will not"

  Myles Munroe "prayer is an earthly license for Heavenly interference"
- Read **Genesis 3:17-19**
  - How is the cursed ground actually for our advantage?
- Read **Matthew 5:6**
  - What does it mean to hunger and thirst for right standing?
  - What does this have to do with our day to day living?
- Read **Ephesians 5:1-20**
  - Talk about how this passage points us back to how we were originally meant to operate
  - How does living in these falls prevent us from receiving more of God's purpose for our lives?
  - Discuss living circumstantially vs positionally.
  - What does this have to do with our hunger and thirst for God?

Point #2 – Give God a Vessel

- Read **Mark 2:18-20**
  - Discuss what Jesus mean in these 2 verses and the implication of what it meant when he left the earth after His resurrection.
- Read **Mark 2:21-22**
  - Discuss how this verse parallels to our hunger and thirst.
  - Read **2 Corinthians 5:15-17** and talk about replacement vs patching.

WRAP UP

Read **Philippians 2:12-13** and discuss what it means that now that Jesus is in Heaven, it is more important for us to follow instruction than ever. Discuss "work hard to show results of salvation"

PRAYER REQUESTS

Ask for prayer requests and write them down – *as the group leader, pray for these requests during your week and make sure they are posted to the GROUP page on FB with who came to group.*

END IN PRAYER